

BUILDING SPIRITUAL REPRODUCERS



Participant's Guide
Version 2

Building Spiritual Reproducers Participant's Guide

Issue 2.0

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Every effort has been made to ensure that the information contained in this document is true and correct at the time of going to press.

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Purpose of Building Spiritual Reproducers

Purpose of Building Spiritual Reproducers

- Grounded in the mission of CBMC:

To present Jesus Christ as Savior and Lord to business and professional men and to develop Christian business and professional men to carry out the Great Commission.

- And to enable *living-out* the Attributes of “Ambassadors for Christ” according to 2 Corinthians 5:20:

Now then, we are ambassadors for Christ, as though God were pleading through us: We implore you on Christ's behalf to be reconciled to God.

CBMC's mission is “to present Jesus Christ as Savior and Lord” and “to develop” those who respond to carry out the Great Commission. This is commonly referred to as a 2-fold mission of evangelism and discipleship. The purpose of this training is to equip individuals in discipleship.

In 2 Corinthians 5:20, the Apostle Paul tells the believers at Corinth that they are “ambassadors for Christ.” Therefore, all believers are Ambassadors – those who are the official emissary or envoy of a sovereign or authority. If you are a Christian YOU ARE AN AMBASSADOR. Since our ministry is to those in the marketplace, we consider ourselves as MARKETPLACE AMBASSADORS.

The question is, are we effective?

We have identified ten characteristics or “Attributes” of an effective “Ambassador.”

10 Attributes of a Marketplace Ambassador

10 Attributes of a Marketplace Ambassador

1. Walking daily in intimacy with Jesus Christ
2. Living in accountable relationships with believers
3. Sharing faith in Christ in my sphere of influence
4. Helping others grow spiritually through life-on-life discipleship.
5. Living an integrated life with proper life priorities
6. Living a life of generosity
7. Applying Biblical principles in all areas of my life
8. Maintaining a standard of excellence with integrity
9. Genuinely caring for people
10. Living out God's call on my life



NOTES

Our desire is to assist Ambassadors in becoming more effective in each of the ten attributes. Our focus with this workshop is Attribute #4, "Helping others grow spiritually through life-on-life discipleship."

NOTES

1. What Is Disciplemaking?

Disciplemaking
is **NOT**:



Just Teaching or a Curriculum

IS: The PROCESS of helping ONE GROW IN CHRIST



in the context of a RELATIONSHIP leading ONE to DISCIPLE ANOTHER

Disciplemaking is not just a curriculum or program that teaches information and principles. It is receiving intimate counsel from one who is mature in Christ and willing to invest in another who will in turn invest in others. Instead of being a classroom activity it is a life-on-life activity that engages either one-on-one or with several in a small group. Simply stated, disciplemaking is helping people mature in Christ to the point where they will reproduce the life of Christ in others.

Disciplemaking

Then Jesus came and said, 'All authority in heaven and on earth has been given to me. Therefore go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit and teaching them to obey all that I have commanded you. And surely, I am with you always, to the very end of the age.'

Matthew 28:18-20 (NIV)

Disciplemaking is God's Plan

In one of His last conversations with His disciples in Matthew 28:18-20, Jesus laid out the plan, "Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I have commanded you." God has specifically chosen us to go and extend His love to His world.

NOTES

He desires close relationships with people. I Timothy 2:4 says, “He desires all men to be saved and come to the knowledge of Him.” God did not choose angels or a few gifted individuals to be His messengers. He chose every believer to be a witness of His glory in their words, their conduct, their attitudes, and their lives. He tells us in Matthew 5:16, “In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.”



The Apostle Paul modelled it with young Timothy—and in fact, called him “a son in the faith.” Today, we have an opportunity to participate in God’s Plan of reaching people.

By the way, God has no other plan! No Plan B.

Reflection Question

How would you define or describe disciplemaking?

NOTES

2. Why Make Disciples?

Christ gave us a number of commands. We call them “The Great Commandment” and “The Great Commission,” respectively.

Why Make Disciples?

Jesus gave us a number of commands:

THE GREAT COMMANDMENT

Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind; and Love your neighbor as yourself.

Luke 10:27 (NIV)

THE GREAT COMMISSION

Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you.

Matthew 28:19-20 (NIV)

We are commanded to make disciples

“Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind; and love your neighbor as yourself.”

Luke 10:27

“Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you.”

Matthew 28:19-20

Why Make Disciples?

Then Jesus came and said, All authority in heaven and on earth has been given to me. Therefore go and make disciples of all the nations, baptizing them in the name of the Father and of the Son and the Holy Spirit, and teaching them to obey all that I have commanded you. And surely, I am with you always, to the very end of the age.

Matthew 28:18-20 (NIV)

Disciplemaking is for all Christ-followers

Despite the struggles and difficulties, Jesus did not offer disciplemaking as an option. “Make disciples” is not a suggestion, but a command.

NOTES

NOTES

"In the military, if you disobey the order of a commander, it is insubordination. If you take authority away from the captain of the ship, it is called mutiny. What is it called to disobey the Commander, Captain and Savior of all Creation?"

Mark Cahill, *One Heartbeat Away*

As we dive deeper into the Great Commission, we note that for the word "disciple" Jesus used the Greek term, "*methetes*" meaning "one who follows another's teaching, an imitator of the teacher." Not, the Greek term for "convert" meaning to "turn about or turn toward."

Additionally, the word "go" is not in the imperative tense, so "go" is not *the* command – "make" is in the imperative tense and the main verb. Jesus is in essence saying, "As you are going, *make* disciples."

*There are a number of gifts given by the
Holy Spirit,
but there is no gift of discipling.*
DISCIPLEMAKING IS FOR ALL CHRIST-FOLLOWERS

Why Make Disciples?

We participate in something of eternal significance as we align our individual purposes with the purposes of God

- God's purposes are central to all we do
- They are lived out in the context of relationship
- They find expression as we live out the Great Commandment and the Great Commission

Alignment with God's Purposes

On the right side of the slide, there is a vertical navigation bar with the following labels: WHAT?, WHY?, HOW?, WHO?, WHAT?, WHY?, HOW?, WHO?, WHAT?, WHY?, HOW?, WHO?.

God has placed within each one of us a desire to be part of something of significance. As He reaches out to us and we respond by reaching out to Him, our purposes are brought into alignment with His purposes and it becomes natural for us to engage in activities of eternal significance.

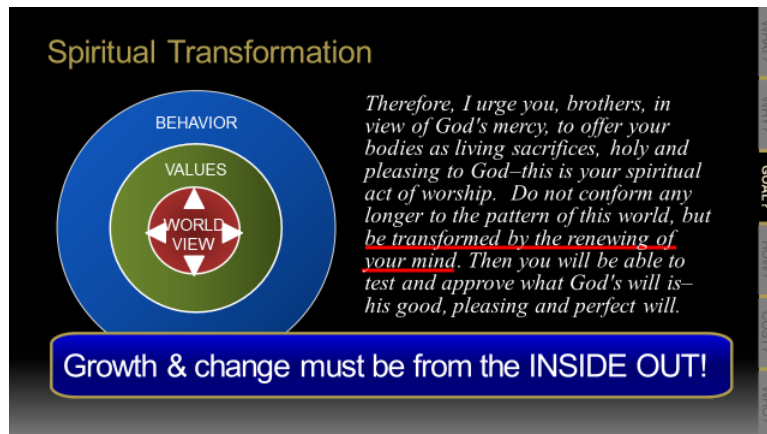
Reflection Questions

1. Why do we as Christians engage in the discipling process?
2. If making disciples is God's plan and God's command what keeps most Christians from doing it?
3. What could we do to change this? What could you do?

NOTES

3. What is the Goal of Disciplemaking?

When we foolishly measure a new Christian's progress based on the outward appearances (the right words, the correct do's and don'ts), we settle for the good over the best, the expedient over the extraordinary. It is the heart motivation that must change. And that revolutionary kind of transformation takes place on three fronts: world view, values and behavior.



Discipleship focuses first on worldview: the view of God and God's view of the world. This is where one is faced with the big questions of life:

- How did I get here?
- Where am I going?
- Who is in charge?

The answer to these questions will affect the value system:

- What is important to me?
- What will I die for?

It is a progressive change in attitudes and behavior from the world's perspective to a worldview based on God's Word. Change from the inside must come first – it's called spiritual

The Goal of Disciplemaking

"By this My Father is glorified, that you bear much fruit; so you will be my disciples."

John 15:8

You did not choose me, but I chose you and appointed you to go and bear fruit—fruit that will last. Then the Father will give you whatever you ask in my name.

John 15:16

To Glorify God with "fruit that lasts"

NOTES

transformation. This spiritual transformation begins with God. Philippians 1:6 says it best: “He who began a good work in you will perfect it...”

“An understanding of the interplay between worldview, values, and behavior helps us to know how to minister to others. If we want to see true transformations occur, our efforts should be oriented towards what a person believes and values. That helps us take wrong behavior in stride. We know that in time genuine changes in behavior will appear.”

Jim Petersen, *Lifestyle Discipleship*

One of the goals of discipling is maturity in Christ. Chris Adsit, in his book *Personal Disciple Making*, said, “The primary objective in discipleship is to bring your disciple to the point of ‘digging his own well’ (to drink from the Word) and lose his dependence on you.” Authentic Christian growth comes from the inside and works its way to the surface—just the opposite of the manner we so often seek to impose. It is the role of the Holy Spirit and God’s Word to establish and build us spiritually. “Christ is my life” is the ultimate goal in our walk (Colossians 3:4). It is a life yielded to and drawing upon the Spirit of God within us. God’s role is to grow us to maturity; our role as a spiritual parent is to guide, counsel,

The Goal of Discipling

Him we preach, warning every man and teaching every man in all wisdom, that we may present every man perfect in Christ Jesus.
Colossians 1:28

Brethren, do not be children in understanding; however, in malice be babes, but in understanding be mature.
I Corinthians 14:20

...until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ. ... Instead, speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ.
Ephesians 4:13-15

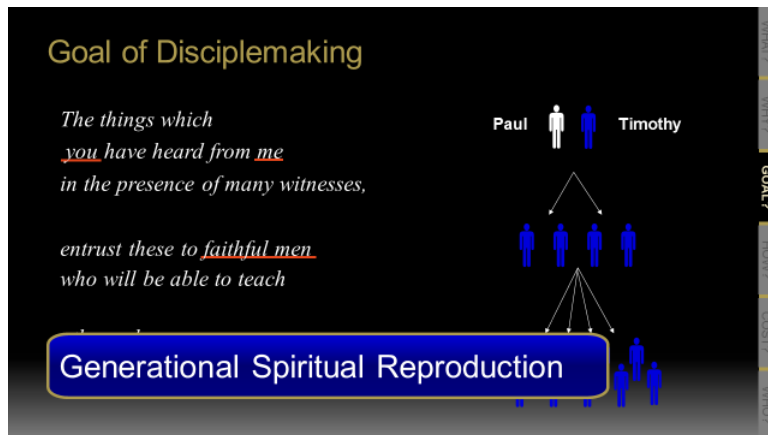
Maturity in Christ

and care for the new believer.

In John 15:8, Jesus tells us that God is glorified when we “bear much fruit.” In verse 16, he says “go and bear fruit—fruit that will last.”

NOTES

In *The Message*, it is stated this way, “This is how my Father shows who he is—when you produce grapes, when you mature as my disciples.” God is glorified when we mature and as we make disciples.



Paul gave instruction to young Timothy in 2 Timothy 2:2 to reproduce the faith and life that was developed in him.

So beginning with Paul, Timothy, faithful men and others there are four generations! This is God’s plan!

[The] word entrust [in 2 Timothy 2:2] was a first-century banking term that literally meant “to make a deposit.” Paul is saying, “You have learned things from me, Timothy, now I want you to take that truth and personally deposit it into the lives of other disciples.”

Stephen Davey, *Deposits and Investments*

The GOAL is GENERATIONAL SPIRITUAL REPRODUCTION.


Some may say this approach is too slow...too labor intensive... it won’t reach enough people. Let’s consider another way of viewing this before drawing conclusions.

Let’s talk about the principle of “Doubling” and how it applies to disciplemaking.

NOTES

What would you rather have?


\$1 Million Dollars



TODAY

OR

1 Penny doubled everyday
for



1 MONTH

WHAT?
WHY?
GOAL?
HOW?
COST?
WHO?

The principle of Doubling is 1-on-1 Discipleship lived-out.

Doubling in Discipleship

GENERATION = 3 years

1


→


"Paul" "Timothy"

 = Disciplemaker or "Paul"

 = Disciple or new "Timothy"

WHAT?
WHY?
GOAL?
HOW?
COST?
WHO?

"Paul" – a faithful man (in white) and "Timothy" (in blue) representing someone being discipled and preparing to disciple another.

Doubling in Discipleship

GENERATION

1
2
3
4
5
6
7
8
9
10

In 10 Generations

1 becomes

1024!

The least of you will become a thousand...

Isaiah 60:22

WHAT?
WHY?
GOAL?
HOW?
COST?
WHO?

NOTES

So after 10 Generations one becomes a Thousand. Just like it says in Isaiah 60:22. This is God's simple, efficient, effective plan. The principle of Doubling is always more profitable than addition. Would you rather do the work of ten or train ten to do the work? Imagine the potential impact of Doubling in your sphere of influence! In your city! In your country! What are the possibilities?

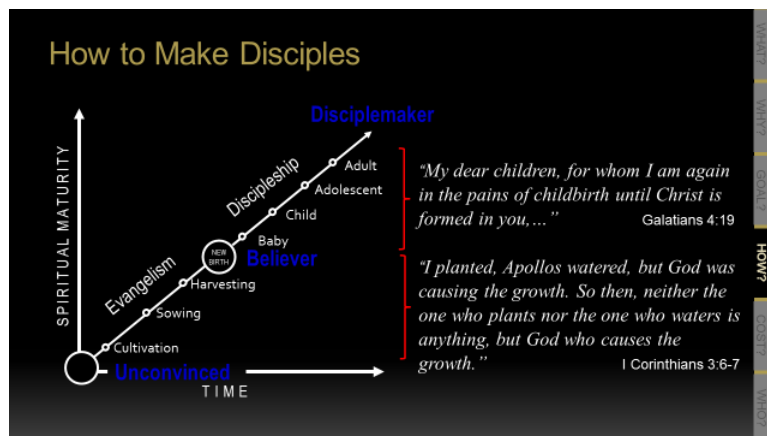
NOTES

Reflection Question

- How would you describe the goals of discipling in a way that casts vision and invites others to engage?

4. How do we Make Disciples?

As believers we are called to make disciples (Matthew 28:19-20). If we examine Christ's command in Matthew 28, we see that evangelism and discipling are one process made up of two sub-processes. The Bible uses the metaphors of farming and parenting to describe these sub-processes. When the Scriptures speak of evangelism, almost without exception, it uses the picture of a farmer tilling the soil, planting seed and harvesting the produce. When it speaks of discipling, it often uses the language of parenting.



As farmers, we cultivate relationships with nonbelievers (or unconvinced), allowing them to witness first-hand the power of a changed life.

Spiritual farming consists of three stages:

- **Cultivating:** The soil is the human heart, God must remove obstacles and prepare it to receive the Word. Cultivation begins with a relationship. Activities, sports, computers, cooking, and music - all can become the common ground of a new relationship. In 1 Corinthians 9:19-23, Paul tells how he related to different kinds of people in order to lead them to Christ.
- **Sowing:** The goal of sowing is to bring the unconvinced to a place where they ask the question, "Who is Jesus?" It may take years. Along the way, believers must be patient and consistent. But when the unbelieving friend is comfortable enough with us, and they like what they see, we can sow the Word. Remember, we are to be "salt and light," (Matthew 5:13-14). Salt causes thirst. Light illuminates. Operation Timothy is designed to sow the Word.

NOTES

- Harvesting: We may cultivate and sow for years and never see a harvest. We must leave that to God. Paul tells us in I Corinthians 3:6-7 that, I planted, Apollos watered, but God was causing the growth. So then, neither the one who plants nor the one who waters is anything, but God who causes the growth. This is a long process. It takes time to turn hard, rocky clay into fertile, crop-producing soil.

Once a person becomes a believer, our role changes to that of spiritual parent. Just as with any newborn, spiritual babes are fragile and require a lot of time and energy. But as we continue the life-on-life process, modeling the way and helping the young believer grow into adulthood, our initiative becomes less. For example, the Apostle Paul writes, "My dear children, for whom I am again in the pains of childbirth until Christ has formed you." Peter spoke of "newborn babies." John repeatedly addressed his readers as "dear children." And Hebrews talks about spiritual "infancy" and the importance of moving to "adulthood."

It is interesting to note that Jesus took into account changing roles and situations. For example, He dealt with Peter in a different manner than He did with Bartholomew. As a spiritual parent, you will be wise to keep in mind the stages of spiritual growth in your Timothy. Infants, children and adolescent children of God require flexibility with schedules and materials. If you have children of your own, you will see the parallels. As you deal with "Timothy," begin with the patience required of a parent with a newborn, and adjust your expectations as growth occurs.

Care must be taken not to extend this idea of spiritual parenthood to the point where one person virtually takes over the life of another. This kind of control becomes unhealthy and creates dependency rather than producing adulthood. Paul said, "Not that we lord it over your faith, but we work with you for your joy, because it is by faith you stand firm" (2 Corinthians 1:24).

NOTES

How did Jesus Make Disciples?

He chose a few men:

Follow Me and be my disciple... Luke 5:27

and then He:

- Loved them
- Taught them
- Corrected them
- Challenged them
- Walked with them
- Lived with them

The approach of Jesus followed the patterns indigenous to ancient Palestine. As a Rabbi (teacher), Jesus spent time with his followers. His disciples had the opportunity to observe his reactions to the rich, the poor, the priests, and the politicians. He was constantly asking questions, forcing them to think through choices and weigh events against the teachings of Scripture.

Jesus was very practical, too. They discussed the purpose and use of money, the importance of family, and the role of government. For over three years, His disciples were engaged in a life-on-life course on how to live for God in a fallen world.

How did Jesus make disciples?

- Jesus did not give us a sermon on discipleship, but demonstrated it by His life and

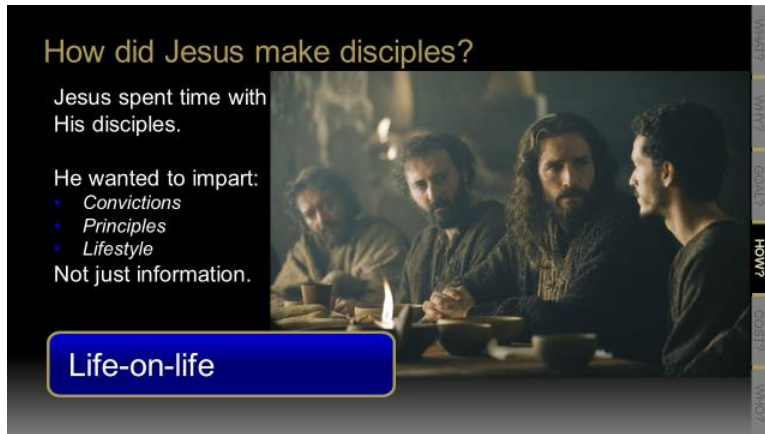
*A disciple is not above the teacher, but everyone who is perfectly trained will **be like him**.*
Luke 6:40 (ESV)

- Not just "knowing" what Jesus taught
- BUT being "like" Him:
 - His life
 - His attitudes
 - His values
 - His emotions
 - His commitment

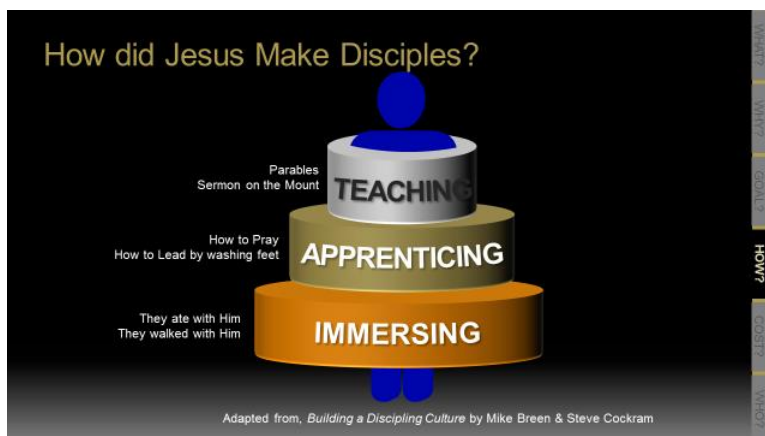
Adapted from, Luke 6:40 and the Theme of Likeness Education in the New Testament by Thomas W. Hudgins

In Luke 6:40 Jesus didn't say, when a disciple is "perfectly trained he will think like his master or know as much as his master. He said he will be like his master – in virtually every way.

NOTES



Jesus did this by spending time with his disciples. He wanted to teach them more than just information, He wanted to impart convictions, principles and a lifestyle.



Jesus “taught, apprenticed and immersed” his disciples. Sometimes the teaching was in crowds such as “the Sermon on the Mount” or in small groups or one-on-one. But he also, “showed” or “apprenticed” the disciples and then they were immersed in His life. We call that “life-on-life” in CBMC.

“The Lord was commissioning his disciples to do exactly what he did during his earthly ministry, which was inviting them to follow him and turning them from simple followers to committed disciples, from Christians to priests, from learners to teachers, and from followers to imitators of Himself. This is the heart and soul of what the Lord commissioned his disciples to do.”

Hanna S. Shahin, *The Master Disciple-Maker*

NOTES


Paul uses the metaphor of parenting in describing the discipling process. In I Thessalonians, he describes how a mother tenderly cares for her child. Jim Petersen in his book Lifestyle Discipleship uses the imagery of a nurse-mother making her child feel secure in her love and acceptance. “The objective of nurse-mother could be described as giving her children the heart or desire to grow—a heart for Christ.”

How did Paul make Disciples?

...as you know how we exhorted, and comforted, and charged every one of you, as a father does his own children, that you would walk worthy of God who calls you into His own kingdom and glory.

I Thessalonians 2:10-12

As a Father



The objective of the “father” is to equip the child or youth to live a life worthy of God, to live as a citizen of His Kingdom ought to live.” In an article by Glenn T. Stanton, “Fathers Matter,” Dads parent differently from moms and that difference matters greatly to children.” Stanton goes on to say that father’s play, encourage, communicate and discipline differently.


Jim Petersen comments, “Our tendency is to create programs for discipleship and offer them to people as a substitute for parental care. We put people through a prescribed curriculum and expect that to take care of their needs. It doesn’t work. It doesn’t work because their primary need at this stage is not for information. Caring relationships are far more important to the early stages.”

How did Paul make Disciples?

But we were gentle among you, just as a nursing mother cherishes her own children. So, affectionately longing for you, we were well pleased to impart to you not only the gospel of God, but also our own lives, because you had become dear to us.

I Thessalonians 2:7-9

Life-on-life



NOTES

Life-on-life discipling is a long-term commitment. This kind of relationship requires sacrifice and may seem too costly to some. Those who see the end from the beginning possess the vision necessary for success. As a spiritual parent, you will be wise to keep in mind the stages of spiritual growth in your spiritual offspring.

Neither Jesus nor Paul saw their ministry to others as something that could be put on the calendar or measured in terms of hours, days or weeks...and neither should we.

Remember, our goal is to produce a reproducer. To reproduce a person must have knowledge of what to reproduce, the skill to reproduce it, and the character that provides a model of what is to be reproduced.

To move successfully toward the goal of spiritual reproduction you need a plan, and Operation Timothy provides a proven plan.

NOTES

How to Disciple

- Be intentional about making disciples
- Have a Plan
 - *Operation Timothy* provides such a plan

Follow a Plan → Operation Timothy

The slide features a background image of a hand holding a compass, with a photo of people walking in the distance. A vertical sidebar on the right contains the text: DISCIPLE, WHAT?, GOALS?, HOW?, COST?, WHO?.

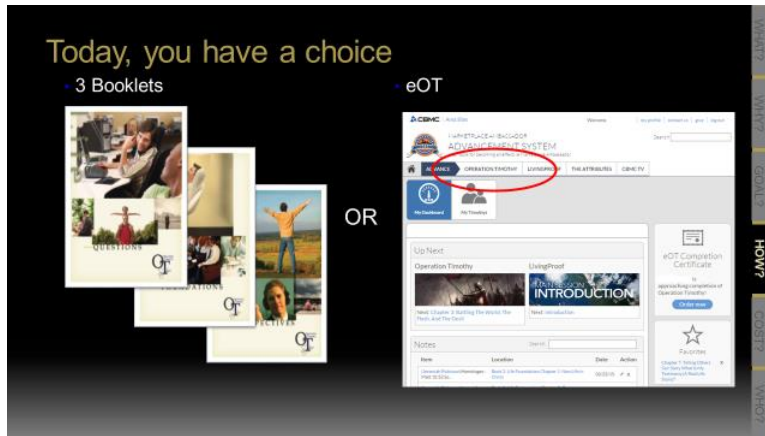
Operation Timothy is designed to help you present the Biblical concepts in an orderly, easy-to-understand manner. The content progresses from the basics to more advanced Christian concepts.

Making disciples for more than 45 years

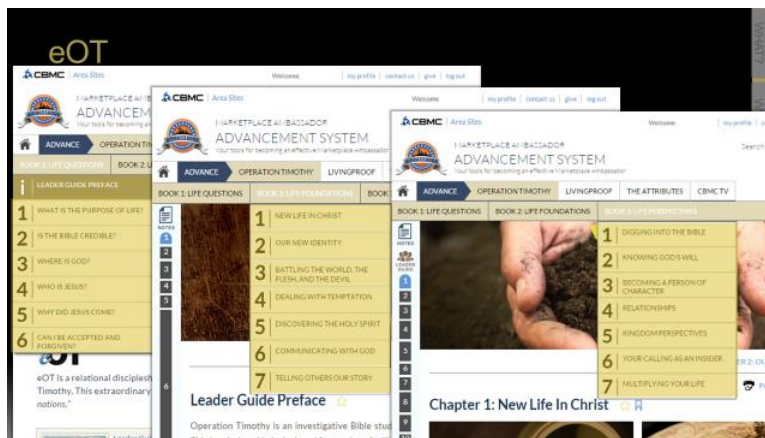
- 1970** Original Operation Timothy
- 1995** Operation Timothy (4-Book)
- 2008** OT:08
- 2011** OTSignature
- NOW** Electronic Operation Timothy

The slide includes images of various Operation Timothy materials, including books and a CD. The OT logo is prominently displayed at the bottom. A vertical sidebar on the right contains the text: DISCIPLE, WHAT?, GOALS?, HOW?, COST?, WHO?.

The original *Operation Timothy* was released in 1970 and there have been a number of updates, with the latest to include an interactive electronic version called eOT. eOT is “free” and provides videos, audio messages and automatic verse look-up.



So today, you have a choice between the booklets or the electronic version of Operation Timothy. The eOT can be accessed in the Marketplace Ambassador Advancement System at <http://advance.cbmc.com/>. While there, visit other resources such as Living Proof and Marketplace Ambassador.



For eOT and the OT booklets, the chapter are the same:

Book 1: *Life Questions*

1. What Is the Purpose of Life?
2. Is the Bible Credible?
3. Where is God?
4. Who is Jesus?
5. Why Did Jesus Come?
6. Can I Be Accepted and Forgiven?

NOTES

Book 2: *Life Foundations*

1. New Life in Christ
2. Our New Identity
3. The Battle: The World, The Flesh and the Devil
4. Dealing with Temptation
5. Discovering the Holy Spirit
6. Communicating with God
7. Telling Others Our Story

Book 3: *Life Perspectives*

1. Digging into the Bible
2. Knowing God's Will
3. Becoming a Person of Character
4. Relationships
5. Kingdom Perspectives
6. Your Calling as an Insider
7. Multiplying your Life

The extent to which GOD'S TRUTH is applied to today's problems or issues will determine the effectiveness of our DISCIPLEMAKING.

eOT

A Leader's Guide Preface is available in Book 1: *Life Questions* provides:

- "How"
- "Why"

Of Discipleship

CBMC Area Sites

ADVANCEMENT SYSTEM

ADVANCE OPERATIONTIMOTHY LIVINGPROOF THE ATTRIBUTES CBMC TV

BOOK 2: LIFE FOUNDATIONS BOOK 3: LIFE PERSPECTIVES

LEADER GUIDE PREFACE

1. THE PURPOSE OF LIFE?

2. IS THE BIBLE CREDIBLE?

3. WHERE IS GOD?

4. WHO IS JESUS?

5. WHY DID JESUS COME?

6. CAN I BE ACCEPTED AND FORGIVEN?

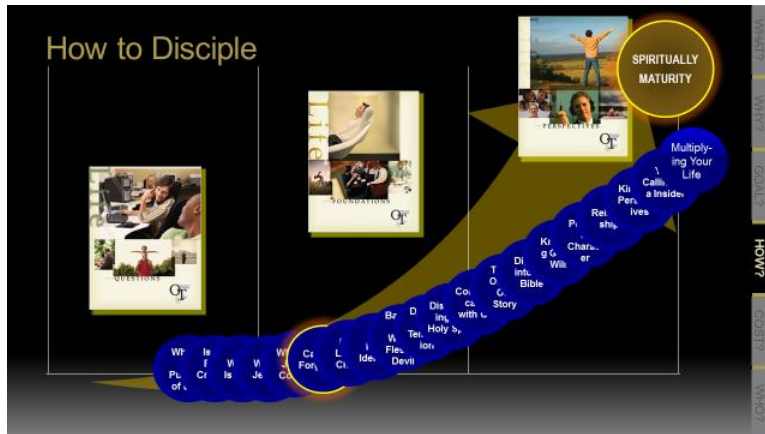
CHAPTER 1: WHAT IS THE PURPOSE OF LIFE?

Leader Guide Preface

Operation Timothy is an investigative Bible study with the goal of helping people to grow spiritually. This Leader's guide is designed for use by a facilitator in a one-on-one or small group situation as a link with the Living Proof Evangelism and Discipleship series.

How To Use This Guide

NOTES



This picture illustrates the 3 booklets and the 20 chapters.

To assist the Disciplemaker (or “Paul”) a Leader’s Guide is available that provides key themes, teaching points and outlines and suggested illustrations and questions.



Prayer is crucial! The “Paul” not only has to model prayer during the time with his disciple (or “Timothy”), but he needs to pray regularly for his “Timothy’s” growth.

NOTES

Typical Session	
	Minutes
Arrival and welcome	5
Fellowship and sharing	15
Scripture memory (Begins in Book 2, <i>Life Foundations</i>)	10
Review of previous lessons	15
Discuss major topic	30
Assignment for next session	5
Prayer	10
Approximately 90 minutes	

NOTES

A typical session would be about 90 minutes in length. Attempt to establish a regular pattern or schedule to meet together. If your Timothy comes to the session with a major problem or “life issue” be prepared to put the lesson aside. Discuss the issue and look to the Scriptures for guidance.

Fellowship and sharing—Every session should begin with relaxed conversation allowing you and Timothy to get to know one another and to build toward a strong relationship. This relationship provides the environment for character development and ultimately determines your success as a disciplemaker. This is an opportunity for you to identify needs and evaluate progress. You, the leader, control the pace and direction of the conversation by asking questions (see appendix). It’s an excellent way to gain insight and to express interest in his life as well.

Scripture Memory—(Begins in Book 2, *Life Foundations*). When Jesus was tempted by Satan in the wilderness (Matthew 4:1-11), three times Jesus replied: “It is written.” Jesus quoted specific and pertinent Scriptures to combat Satan’s attack. If Christ found the Scriptures necessary to battle Satan, how much more do we need this weapon, the Word of God? Key verses have been chosen to help your Timothy grow in his spiritual walk with Christ. Have him repeat the verse assigned from the previous lesson. Encourage him to include the reference location and the topic. Make sure that he knows how to apply the verse in his life. Also review all the verses memorized in the previous lessons.

Review of previous lessons—Briefly review the previous lessons and discuss how they “fit together.” Discuss any questions he may have and assess his understanding by asking him some questions.

Discuss current lesson—You and your Timothy will study the Bible verses relating to the major concept and discuss why and how you would apply them in your day-to-day walk. Again, ask questions.

Assignment for next week—Let your Timothy know what is expected of him next week. Remember, there will be times when you might not complete a chapter in one session. It is important not to go on to the next chapter until you have finished the present one. This is a good time to give him the CD with the message that compliments the lesson for the next week.

Prayer—Because this is the last part of your session, you may be inclined to hurry or shorten your prayer time. Don't. This is one of the most important portions of your time together, and you amplify its importance to Timothy by the time and priority you give it

Reflection Questions

1. What is the value of having a plan to guide you in the process of discipling?
2. How would you ensure that the plan does not turn the process into a program?
3. Where in the process do you need to be before you can begin the process with another?

NOTES

5. What is the Cost of Disciplemaking?

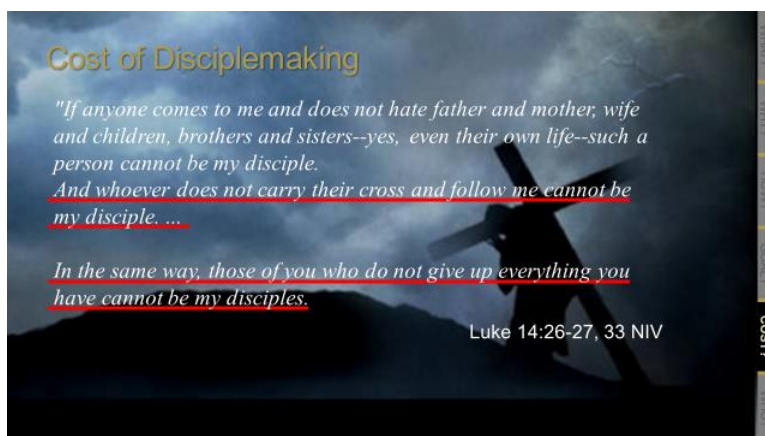


Disciplemaking is not a piece of cake! It involves sacrifice

"Making disciples is not an easy process. It is trying. It is messy. It is slow, tedious, and even painful at times. It is all these things because it is relational."

David Platt, *Radical*

and unfortunately too many people are unwilling to make the price.



Jesus made it very clear! Putting Him first is a requirement.

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One big difference between comfortable Christianity and costly Christianity is spiritual reproduction. It costs to become involved in the lives of people. This is why there is not a stampede to accept God's gracious offer of allowing us to give our lives in exchange for people as He did.

Walt Henrichsen, Disciples are Made, Not Born

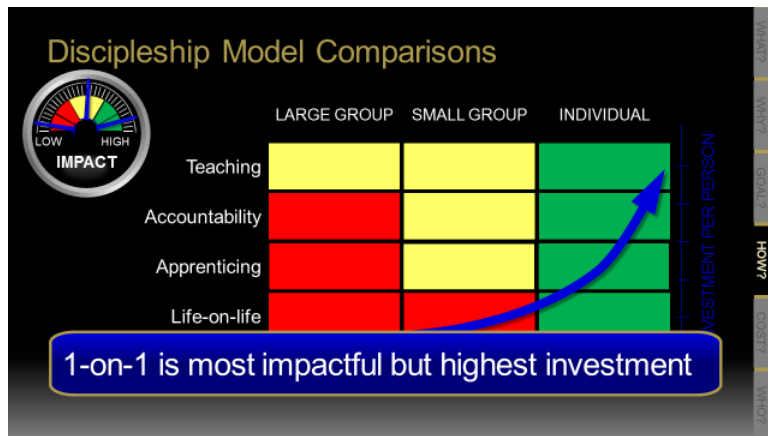


While Discipleship has a cost, it also has a promise. Following Christ will cost us time, possessions, priorities, attitudes, habits and perhaps dreams and ambitions, but when we make disciples, He will be with us!

“Giving your life in exchange for people means getting involved in the gut issues of life. People can be superficially involved in teaching classes, or committee work, or programs without any heart involvement.”

Walt Henrichsen, Disciples Are Made, Not Born

As Joel Rosenberg has said, “Christ doesn’t want us to simply spend our lives. He wants us to invest them.” And Dietrich Bonhoeffer made it clear, “Salvation is free, but discipleship will cost you your life.”



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Our focus on 1-on-1 or individual discipleship is not to say that people cannot grow to maturity in other ways. Since discipleship includes teaching, accountability, apprenticing and life-on-life, our experience indicates that the greatest success comes from a one-on-one model (Individual Model). It is logical, that a private tutor is better than a class room of students or a large auditorium. When it comes to accountability, did you ever ask a large number of people to do something? Apprenticing is the way individuals move from the classroom to becoming proficient. Jesus “showed” the 12 how to lead by washing feet. And it would not be very practical to have a large group observing every interaction, but it is very effective in a 1-on-1.

While this “Individual” model is the most impactful, it also requires the greatest investment of time, talent, and treasure. But, it is well worth the investment. Guaranteed.

Reflection Questions

1. What more can be said about the cost of discipling?
2. How do you feel about the “ROI” of discipling?
3. What price are you willing to pay?

6. Who is a Disciplemaker or Disciple?



The late Dr. Howard Hendricks of Dallas Theological Seminary put it this way: As a follower of Jesus Christ, you need: a “Barnabas”—a friend who encourages you, teaches you, and keeps you accountable; a “Paul”—an older and wiser believer to invest in your spiritual growth; and a “Timothy”—a younger believer in whose life you can invest

Who is a Disciplemaker or a “Paul”?

I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.
John 15:5 (NIV)

One cannot teach the reality of Christ,
if Christ is not a reality in his own life.

One who is “connected” to Christ

WHAT? WHY? HOW? GOAL? COST? WHO?

A disciplemaker doesn’t have to a gifted speaker or trained professionally as a pastor. A Paul simply needs to be relational and know enough Scripture to encourage another to follow Jesus.

“You will not be a perfect example, but you can be a living example.”

Mike Breen, *Building A Discipling Culture*

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Disciplemaker	
TEACHER	DISCIPLEMAKER
<ul style="list-style-type: none"> • Shares information • Aims for the head • Measures knowledge • Is an authority • Says, "Listen to me" 	<ul style="list-style-type: none"> • Shares his life • Aims for the heart • Measures faith • Is a servant • Says, "Follow me"
All Excerpts from Joel C. Rosenberg & T. E. Koshy, <i>The Invested Life</i>	

Being a Disciplemaker is more than being a teacher. While teaching is an important part of the process, true discipling takes it to a whole new level.


Who Is a Paul?	
1. Love of God	- the quality of an infectious love of God
2. Love of People	- the ability to help Timothy learn to love others as God does
3. Vision	- the ability to see Timothy's potential
4. Faithfulness	- the ability to depend on God
5. Dependability	- availability that causes Timothy to see Paul as trustworthy
6. Heart of a Teacher	- the ability to look for teachable moments
7. Servanthood	- the willingness to sacrifice for Timothy's needs
8. Durability	- a heart that will do what it takes

The Disciplemaker or "Paul" should have the qualities listed in this picture. Don't let this discourage you, rather be encouraged because these characteristics are all the result of growth in Christ and lived out in the power of the Holy Spirit.


How do you feel about being a Paul?



Margin?



Don't know enough?



Insecure?

Remember, in Acts 4:13, we see how unqualified Christ's men were:

The members of the council were amazed when they saw the boldness of Peter and John, for they could see that they were ordinary men with no special training in the Scriptures. They also recognized them as men who had been with Jesus.

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Some doubt that they have the skills or time to give themselves to becoming a disciplemaker. Ultimately, it is a matter of the will and of obedience.

Obviously, we don't have to be perfect to be a disciplemaker.

The Lord would not ask us to do something and then not equip us.

6. Who is a Disciplemaker or Disciple?

Who do you Disciple?

- It may be a person you had the privilege of leading to Christ.
- Consider a colleague at work or someone in day-to-day activities.
- It may be a person who is not a Christian but wants to explore God's Word.

WHAT? WHY? HOW? GOAL? COST? WHO?

Ask the Lord to make you attentive to whom He may bring into your life that He wants you to disciple.

Who do you disciple?

- 1. Heart for God**
 - Men available to God.
 - Receptive to spiritual things.
- 2. Teachability**
 - A person's capacity for growth.
 - Dr. Howard Hendricks, "You show me a person who is teachable and I'll show you a person in whom there is no limit in terms of potential."
- 3. Faithfulness**
 - Reliable or trusted.
 - Paul was explicit about who Timothy should entrust with his teachings - "faithful men."
- 4. Willingness to teach others**
 - Our goal is to produce a reproducer.
 - Key is willingness.

WHAT? WHY? HOW? GOAL? COST? WHO?

Look for the following qualities and trust that the Holy Spirit will lead both of you down this exciting path of discipleship.

Something has to be said of what might feel like "failure." Understand that you will probably disciple individuals who may stop walking with Jesus or may not become spiritual parents. You have not failed. Your responsibility has been to

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be faithful to what He had called you to do. That defines success. Let God be responsible for the results.

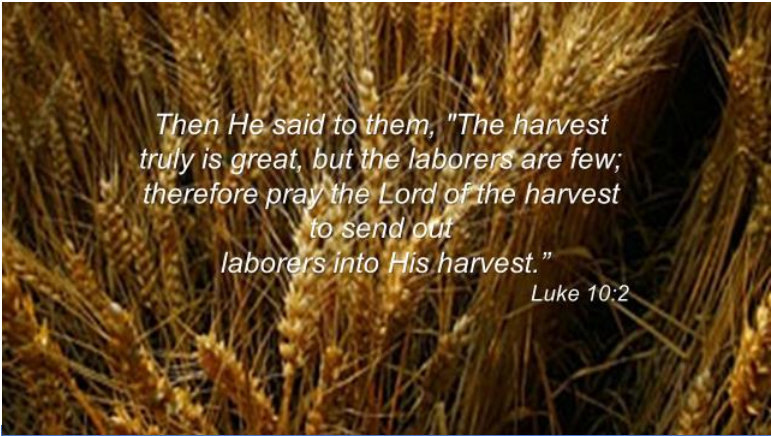
Tips for Inviting a "Timothy"

- Invite your prospective Timothy to try the first chapter or two...
 - Couple of statements you may want to use...
 - "You [Timothy] can quit anytime you want"
 - "So can I [Paul]"
 - There are no stupid questions...and if I don't know, we'll search the Scriptures to find the answer
- Look for the Holy Spirit's leading...

Here are some "Tips" for inviting a Timothy into a discipleship relationship.

"Laborers are few. They were few in Jesus' day and they are few today. Churchgoers are many. Seminars are many. Conferences are many. Religious institutions are many. Programs are many. But laborers are few."

Leroy Eims



Then He said to them, "The harvest truly is great, but the laborers are few; therefore pray the Lord of the harvest to send out laborers into His harvest."

Luke 10:2

Reflection Questions

1. What is your main take-away from our time together today?
2. What specific actions will you be taking as a result of participating in this workshop?

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APPENDIX

I. Disciplemaking Do's and Don'ts

1. Do establish a relationship of honesty, openness and confidentiality. Being open with your Timothy increases his trust in you.
2. Do prepare for the lesson, but follow the Holy Spirit's lead as you meet with your Timothy. Current life issues may "trump" the lesson for the week.
3. Do model a lifestyle of prayer by praying with Timothy at each meeting and as he matures encourage him to pray aloud with you.
4. Do be creative regarding the meeting place. Consider an environment that is conducive to talking and praying. If you meet in a restaurant for the lesson you may want to retreat to your car for a time of prayer.
5. Do call your Timothy periodically between meetings. Demonstrate love and care for him and his family.
6. Do life together in between meetings - have dinner with spouses, go to a football game, etc. Be sure you know his birthday; know his wife's and children's names.
7. Do have Timothy read the Scripture passages aloud during your sessions. It is good for Timothy to hear himself read Scripture.
8. Do use the Operation Timothy Leader's Guide which is available for free at www.operationtimothy.com.
9. Do be sensitive to your Timothy. You may need to go through every question in the chapter or you may select key questions which will ensure he "gets" the heart of the lesson. Ask your Timothy if there were any questions that he had trouble with or had specific questions about.
10. Do periodically ask your Timothy how he would present a section or topic to his Timothy - get him accustomed to being a Paul.
11. Do serve with your spouse – if you are married do as many activities as possible as couples.
12. Don't fall into the trap of "punctuation prayer" (using prayer as the bookends to the meeting)
13. Don't correct everything your Timothy says. If he responds with answers that cause you alarm, consider asking another question, rather than making an attempt to refute the statement. Find common ground through the use of a personal illustration, "I felt the same way at one time..." Remember, we want Timothy to feel safe to "open up."
14. Don't attack any of his precious beliefs (on religion, politics, or immature beliefs). Let the Holy Spirit through Scripture change him. There will be time to lovingly confront him.
15. Don't meet one-on-one with a person of the opposite sex (unless it is your spouse).